

<i>Sunday</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>	
	 <i>January Calendar 2019</i>		1	2 CLOSED	3	4	5
6	7 Health for Two & More	8 CAC Too Health for Two 262 Yoga Drop in	9 WSG	10 CAC Too Community Lunch 50's (Fifty's) Group Indigenous Creations	11 Family Active Living Sewing Class	12	
13	14 ELL (Basic 1) CEPP/STEPs Candora's Closet 10:00 am – 2:00 pm ARC (Bring Bags) Health for Two and more	15 CAC Too. CEPP/STEPs ELL (Basic 1) Health for Two 262 Yoga Drop in	16 ELL (Basic 2) ELL (Intermediate) WSG	17 CAC Too Community Lunch ELL (Basic 2) ELL (Intermediate) 50's(Fifty's) Group Indigenous Creations	18 Family Active Living Sewing Class	19 Caring for Children	
20	21 CEPP/STEPs ELL (Basic 1) Health for Two & More	22 CAC Too CEPP/STEPs ELL (Basic 1) Health for Two 262 Yoga Drop in	23 ELL (Basic 2) ELL (Intermediate) WSG	24 CAC Too Community Lunch ELL (Basic 2) ELL (Intermediate) 50's (Fifty's) Group	25 Family Active Living Sewing Class Star Country & Jam ARC 3006 – 119 Ave	26 Multicultural Women's Group ARC 3006 – 119 Ave	
27	28 CEPP/STEPs ELL (Basic 1) Health for Two & More	29 CAC Too CEPP/STEPs ELL (Basic 1) Health for Two 262 Yoga Drop in	30 ELL (Basic 2) ELL (Intermediate) WSG	31 CAC Too Community Lunch ELL (Basic 2) ELL (Intermediate) 50's (Fifty's) Group	30 Family Active Living Kathy's Karaoke Sewing Class		



January Calendar 2019
"People Helping People Make a Difference"

Family & Community Resource Center

262, 3210 -118 Avenue Edmonton AB T5W 4W1

Phone 780 - 474-5011 / Fax 780- 474 -5041

Monday – Thursday 9:00 am – 4:00 pm

Friday's 9:00 am – 12:00 pm Closed for Lunch 12:00 pm – 1:00 pm

Community Action for Children (CAC)

262, 3210 – 118 Avenue Edmonton AB T5W 4W1

Phone 780-477-5655 / Fax 780-474- 5041

Monday – Thursday 9:00 am – 4:00 pm /Closed Friday

ARC Preschool 780-479 - 5895 **Echo Valley Preschool** 780-471 - 5326

Discovery Centre 780-471 - 5970 **Rundle Preschool** 780-474 - 4142



Programs * Workshops * Special Events *

- Basic Shelf** *By referral only* Please contact Emilee in Room 262
- CAC Too** Tuesday's and Thursday's 9:30 am – 11:30 am
- Candora's Closet** Second Monday of each month. 10:00 am – 2:00 pm
Next dates: November 19 / December 10 ARC
- Caring for Children** Every second Saturday 9:00 am – 12:30 pm
- Community Lunch** Thursday's 11:45 am – 12:45 pm ARC
- Discovery Centre** Monday - Thursday 8:45 am – 11:45 am /12:45 am – 3:45 pm
Friday 8:45 am – 11:45 am Room 210
- English Language Learning**
Basic 1 Monday and Tuesday 1:00 pm – 3:00 pm
Basic 2 Wednesday and Thursday 1:00 pm – 3:00 pm
Intermediate Wednesday and Thursday 9:00 am – 11:30 am
- Family Active Living** Friday's 9:30 am – 12:30 pm ARC
- Family and Individual Support Drop in 262** Monday – Friday
- Fifty's Group (50's) Group** Thursday 9:30 am – 11:30 am ARC
- Health for Two Drop in Room 262** Monday – Friday
- Health for Two & More** Monday's 9:30 am -11:30 am ARC
- Indigenous Creations** **Room 262** Thursday's 1:00 pm – 5:00 pm
- Kathy's Karaoke** Last Friday each month 6:30 pm ARC
- Multicultural Cultural Women's Group**
One Saturday each month 1:00 pm – 3:00 pm
- Sewing Class for Women** Friday's 9:00 am – 1:00 pm CTS
- Star Country & Jam** Third Friday each month Doors open 6:30 pm ARC
- Women's Savings Group** Wednesday's 5:00 pm – 7:30 pm