

# Candora

Name: \_\_\_\_\_

Candora is a program-based agency.

Program-based Agencies are places that offer programs and classes for people to go to, to help them meet their needs.

How can I contact Candora?

They work in a walk-in office on the  
Second floor of the Abbottsfield Mall.

## Candora Main Office

#248 Abbottsfield Mall

3210-118 Ave,

Edmonton, AB T5W 4W1

Phone 780-474-5011

Fax 780-474-5041

When is Candora open?

Their office hours are;

Monday to Thursday

9:00 a.m. -4:00p.m. (Closed for lunch 12:00 p.m. to 12:30 p.m.)

Friday

9:00 a.m.–12:00 p.m.

What is the Goal of Candora?

-Candora plans and offers activities for adults, children and families.

-They connect people to get them out and involved to make their community better.

-Candora wants people to increase their self-esteem and to build on their strengths and abilities.

-"People helping people make a difference" is what Candora is all about.

-The name CANDORA stands for CAN DO in Rundle and Abbottsfield.

Who are Candora?

- They are a group that works with people in North East Edmonton.
- They try to create a positive environment for families to live and grow.
- They talk about concerns in the communities.
- Candora sees people's strengths, visions, wisdom, energy, and kindness and works together to create a great place to live.

What can Candora do for you?

- Candora has a lot of resources and programs to help you with what you need, like where to go for things like housing.
- You can talk to a support worker about issues that you may need help with. Candora is a team of "supporters not doers".
- They have groups for people to go and talk, share ideas, learn and listen to other people, like the Seniors Group on Thursday, and the Multicultural Women's Group two Saturdays a month.

What programs does Candora offer?

-Candora offers programs for adults and children.

-Almost all of the programs are FREE.

## Collective Kitchen



## 50s Club



## Chat and All That



### What is it?

-a small group of people who plan and cook low cost healthy meals  
-saves time and money  
\*child care may be available (Discovery Center)

### Where is it?

-Room 248, Abbotsfield Mall

### When is it?

-Two Tuesdays per month  
12:30-3:00pm

### How much does it cost?

-\$3 per person per meal  
(two dishes per meal)

### How do I register?

-Call (780) 474-5011 register and pay the fee.

### What is it?

-a group that meets to talk, have coffee, play cards and some fieldtrips

### Where is it?

-Room 206, Abbotsfield Mall

### When is it?

-Thursdays 10:00-12:00pm

### How much does it cost?

-FREE

### How do I register?

-Go to Room 206 on Thursdays

### What is it?

-a group that meets to talk, make crafts, play cards, watch movies, go on field trips, and have speakers

### Where is it?

-Room 248, Abbotsfield Mall

### When is it?

-Wednesday evenings  
6:00-8:00 pm

### How much does it cost?

-FREE

### How do I register?

-Contact Kathy at (780) 474-5011

## Community Lunch



## Clothing Boutique



### What is it?

-time to share a meal with people from your community, make new friends, and find out what is happening at Candora

### Where is it?

-Room 248, Abbotsfield Mall

### When is it?

-Thursdays 12:00-1:00pm

### How much does it cost?

-FREE

### How do I register?

-Go to Room 248, or call (780) 474-5011 for more details

### What is it?

-place to browse and find clothing or items you need  
-accepts donations of new or gently used clothing and small household items

### Where is it?

-Room 208, Abbotsfield Mall

### When is it?

-Mon, Tues, Thurs 1:00-3:30 pm

-Wed, Thurs, Fri 9:00-11:30 am

### How much does it cost?

-FREE

### How do I register?

Visit Room 206

Who supports Candora?

Programs and workers are supported by;

- Public Health Agency of Canada
- Child and Youth Services Region 6
- Alberta Employment and Immigration
- FCSS
- Edmonton Community Adult Learning Association
- Family Literacy Initiative
- Alberta Advanced Education and Technology

Who are members of the Candora team?

There are many staff, supporters and agencies on the Candora team.

They include:

- The Board of Directors
- An Executive Director
- A Program Manager
- A staff of 37 people including a:
  - Volunteer Coordinator, Children's Project Coordinator,
  - Family and Community Support Worker
  - Multi-cultural Volunteer Coordinator
  - English as and Additional Language Teacher
- A Receptionist

The Walk-Through and Interview were completed  
by:Pat and Christine

# Activities

Which programs at Candora would interest you?

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Do you think there are any other programs that Candora could offer?

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How much do the programs at Candora cost?

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What do the Candora Programs focus on?

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Where is Candora located? \_\_\_\_\_

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Fill in the Missing Words Using words in the WORD BANK

The goal of Candora is to \_\_\_\_\_ and offer activities for adults, children and families.

These things connect people with each other and the \_\_\_\_\_ to promote positive growth.

"People \_\_\_\_\_ people make a difference" is what Candora is all about.

They connect people to get them out and involved to \_\_\_\_\_ their community better.

Candora wants people to feel \_\_\_\_\_ and to build on their strengths and abilities.

The name \_\_\_\_\_ stands for CAN DO in Rundle and Abbotsfield.

WORD BANK

make

plan

community

helping

self-esteem

CANDORA

